



BERWICK LODGE NEWSLETTER

MORE INFO:



(03) 9709 6700



berwick.lodge.ps@education.vic.gov.au



berwicklodgeps.vic.edu.au

NEWSLETTER NO 22

23RD JULY 2026

**ALL CANTEEN ORDERS MUST BE DONE ONLINE VIA THE QKR APP BY 9:00am
CANTEEN IS OPEN MONDAY, WEDNESDAY & FRIDAY**

PRINCIPAL'S REPORT

WELCOME BACK FOR TERM 3

I hope all our families enjoyed a relaxing and enjoyable holiday break. It was lovely to see all the smiling and eager students' faces on the first day back last week as they caught up with their friends in the school yard.

It is going to be another very busy term with grade 4 and grade 6 swimming concluding tomorrow, State School Spectacular rehearsals and show, 100 days of Prep, Planet Ark National Schools Tree Day, Sporting events, Book Week and many more learning opportunities to enrich our curriculum programs for our students.

I reflected earlier this week that I have just completed my first 12 months officially in the Principal position and what we have accomplished as a team in that time, with support from staff and parents has been wonderful. This includes replacing the Prep, Grade 1/2 and very soon the Grade 5/6 playgrounds, a new sand pit in the senior area, junior area basketball court, soccer goals, replacement of the retaining walls in the courtyard, Promethean boards in every classroom, resourcing our reading program with new readers, embedding our approach to teaching reading across the school, including implementing Phonics Plus, introduction of the School Wide Positive Behaviour Supports (SWPBS), the Upstander bullying prevention program and a strong focus on improving literacy and numeracy learning outcomes for our students.

With our whole school review commencing very soon, it is timely to reflect on the changes that have been made for the benefit of our students and the champion teachers we have who teach the curriculum to enrich the lives of our students. It really is a team effort across the school with our administration team supporting teachers, Education Support staff working with teachers, teachers collaborating to develop knowledge and practice, parents supporting their child and the leadership team supporting everyone. We really do have a fantastic school of which everyone should be very proud.

Continued...



BERWICK LODGE PRIMARY SCHOOL

LEARNING FOR LIFE

PRINCIPAL'S REPORT

PARENT TEACHER INTERVIEWS

Thank you to the families who made a time to meet with their child's teacher to discuss their progress. If for some reason you were unable to make an appointment, please contact your teacher to request a meeting soon. The principal team read every school report, and it was wonderful to read about the achievements and growth in learning for many students. There were lots of things to be celebrated.

ATTENDANCE EVERYDAY MATTERS

School attendance every day is very important for each student. We understand that students are away at times for illness or appointments. If your child is absent, please enter onto Compass the reason for their absence. As a school we are following up on absences and strongly encourage all families to have their children at school just before 9am ready to enter the classroom. When students are late, they miss valuable learning time and important teaching at the beginning of the day. If students arrive after 9am they are required to enter via the office, accompanied by an adult and be signed in by our admin team.

100 DAYS OF PREP

How fast the year goes! On Monday we will celebrate 100 days of Prep with a special day being planned by our prep teachers. We look forward to seeing all our '100-year-old' prep students on Monday.

PLANET ARK NATIONAL SCHOOLS TREE DAY FRIDAY 31st JULY

On Friday the 31st of July we will be celebrating Planet Ark Day. Our Junior School Council have planned a dress up activity – dress in the colours from the garden and are fundraising for items within the garden with a gold coin donation. On this day all students will have the opportunity to plant seeds with their teachers. Our Helmeted Honey Eater ambassadors and the grade 4 students who applied for an ambassador position will also have an opportunity to plant seedlings within an area of the Sensory Garden with Mrs McCrum. A very big thank you to the City of Casey for donating the plants for this event. All students are encouraged to bring 'nude food' on this day which is food without wrappers/plastic and rubbish.



Kind Regards,

Sandra McCrum

DIARY DATES

UPCOMING EVENTS:

Breakfast Club	Every Monday morning
Grade 4 Swimming Program	Monday 20th July - Friday 24th July
Grade 6 Swimming Program	Monday 20th July - Friday 24th July
Division Soccer and AFL9s	Friday 24th July
100 Days of Prep	Monday 27th July
Book Club Orders Due	Wednesday 29th July
Grade 3 Mad About Science Incursion	Thursday 30th July
Whole School Planet Ark Dress-up Day & National Tree Day	Friday 31st July
Trivia Night - 18+ Event	Saturday 1st August
Grades 3-6 Australian Math Competition	Tuesday 4th August - Thursday 6th August
ICAS Competition	Monday 10th August - Friday 14th August
SSS Rehearsal 2 - Melbourne Town Hall	Wednesday 12th August
Grade 3-6 Book Week & Literature Festival - Author Visit	Monday 17th August
Casey Netball Competition	Tuesday 18th August
Grade 1/2 Gymnastics Excursion	Friday 21st August
Whole School Book Week Dress-up Day	Wednesday 26th August
Prep - 2 Book Week & Literature Festival - Author Visit	Friday 28th August
Grade 6 Graduation	Wednesday 16th December

CONSENT AND PAYMENTS DUE:

Grades 3-6 Australian Math Competition Consent & P'ment	Friday 24th July
Grade 3 Mad About Science Incursion Consent & P'ment	Monday 27th July
Casey Netball Competition Consent and P'ment	Monday 27th July
ICAS Competition Consent & Payment	Monday 27th July
Gr. 3-6 Book Week & Literature Festival Consent and P'ment	Monday 10th August
Grade 1/2 Gymnastics Excursion Consent and Payment	Thursday 13th August
Prep - 2 Book Week & Literature Festival Consent and P'ment	Friday 21st August

HAVE YOU CHANGED YOUR ADDRESS OR PHONE NUMBER?

Please ensure you let the school office know if you have changed address or updated mobile phones with new numbers. This information alleviates stressful situations for students when they are ill and we cannot contact parents.

Assistant Principals' Report



Matilda Garrett

Congratulations to Matilda who is heading to the Commonwealth Games to represent Australia. Matilda is a former student of Berwick Lodge Primary School.

Matilda has played 6 games for the Australian Diamonds, and this will be her first Commonwealth Games. She currently plays for the 2026 Premiers the Adelaide Thunderbirds in the Suncorp Super Netball national competition.

We wish Matilda all the best and can't wait to watch her play in the green and gold.



RESILIENCE, RIGHTS AND RESPECTFUL RELATIONSHIPS

Berwick Lodge Primary School is a proud Respectful Relationships school.

Respectful relationships education is part of the Victorian Curriculum and delivered by all Victorian government schools. It supports students to develop the knowledge, attitudes and skills needed for respectful relationships and helps to build respect and equality across the entire school community.

Our school uses the Department of Education's evidence-based teaching and learning resources to teach our students about Respectful Relationships from Foundation to Grade 6.

The Resilience, Rights and Respectful Relationships resources have 8 topics that teach students about emotional literacy, personal and cultural strengths, resilience, problem-solving, stress-management, help-seeking, gender norms and stereotypes and positive gender relations.

This term we are working on Topics 7 and 8:

Topic 7: Gender norms and stereotypes help students consider the influence of gender norms on attitudes, opportunities and behaviour, and to learn about gender equality, inclusion, human rights and the importance of relationships that respect people of all genders.

Topic 8 Positive gender relationships help students develop an age-appropriate understanding of gender-based violence, safe and unsafe behaviours and consent. Students also develop self-care, peer support and help-seeking skills they can use in response to situations involving gender-based violence.

If you have any questions about Respectful Relationships education, you can contact the classroom teacher and/or visit the Victorian Government's Respectful Relationships page: <https://www.vic.gov.au/respectful-relationships>

NATIONALLY CONSISTENT COLLECTION OF DATA OF SCHOOL STUDENTS WITH DISABILITY (NCCD)

Every year, all schools in Australia participate in the Nationally Consistent Collection of Data on School Students with Disability (NCCD). The NCCD process requires schools to identify information already available in the school about supports provided to students with disability. These relate to legislative requirements under the *Disability Discrimination Act 1992* and the *Disability Standards for Education 2005*, in line with the *NCCD guidelines (2019)*.

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive.

This information assists schools to:

- formally recognise the supports and adjustments provided to students with disability in schools
- consider how they can strengthen the support of students with disabilities in schools
- develop shared practices so that they can review their learning programs in order to improve educational outcomes for students with disability.

The NCCD provides state and federal governments with the information they need to plan more broadly for the support of students with disability.

The NCCD will have no direct impact on your child, and your child will not be involved in any testing process. The school will provide data to the Australian Government in such a way that no individual student will be able to be identified – the privacy and confidentiality of all students is ensured. All information is protected by privacy laws that regulate the collection, storage and disclosure of personal information. To find out more about these matters, please refer to the [Australian Government's Privacy Policy \(https://www.education.gov.au/privacy-policy\)](https://www.education.gov.au/privacy-policy).

Further information about the NCCD can be found on the [NCCD Portal \(https://www.nccd.edu.au\)](https://www.nccd.edu.au).

If you have any questions about the NCCD, please contact the school.

Angela Maskery and Sharyn King



Planet Ark Dress up day - Friday 31st of July.

The JSC invite all students to come to school dressed in green, brown, or nature-inspired clothing. Students are also encouraged to bring nude food.

Please bring a gold coin donation to go towards our community garden.



We look forward to seeing everyone's creative nature-themed outfits!

SYMPHONY OF STORIES

Berwick Lodge Book Week Dress Up Day!

Wednesday 26th August

Exciting News for Book Week: 2026 is a Symphony of Stories!

The 2026 Children's Book Week theme is 'Symphony of Stories.'

Our 'Book Week Literacy Festival' is a special time for us to come together and celebrate the joy and magic of reading. To celebrate, we are hosting a **Dress-Up Day on Wednesday 26th August**. We warmly invite all our students to come dressed as their favourite characters and share their incredible costumes with their peers.



The talented illustrator is the fabulous Briony Stewart, the award-winning author-illustrator of 'Gymnastica Fantastica' and other children's books.

'I decided to try and show what stepping into a symphony of stories might be like. A huge colourful collection of characters bursting out of a book representing their different stories with weird and wonderful instruments.' – Briony Stewart

MICHAEL WAGNER IS VISITING OUR SCHOOL!

On 17th August Michael will be visiting our school to talk to students about reading and writing. This is a fantastic opportunity to learn more about the practices of professional authors and how they write the interesting and engaging stories we love.



Students have the opportunity to pre-purchase books for signing on the day!



To order Michael's books please scan the QR CODE or [click here](#)

All orders must be completed by 3rd August to receive the books to be signed on the day of Michael's visit.

Please note: Orders after this date will arrive to the school after the visit and will NOT be signed.



MARK CARTHEW IS VISITING OUR SCHOOL!

On 28th August Mark will be visiting our school to talk to students about reading and writing. This is a fantastic opportunity to learn more about the practices of professional authors and how they write the interesting and engaging stories we love.



Students have the opportunity to pre-purchase books for signing on the day!



**To order Mark's books
please scan the QR CODE or
[click here](#)**

**All orders must be completed by
14th August to receive the books to be
signed on the day of Mark's visit.**

Please note: Orders after this date will arrive to the school after the visit and will NOT be signed.

SPECIALIST AWARDS

Term 2



Miki and Madden PB

Rydah 1/2W and Neena 1P

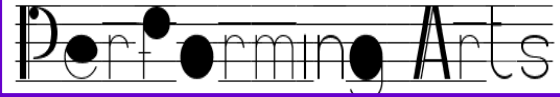
Elliot 1/2W and Kiara 2D

Rylie and Sami 3M

Firas 4H and Willow 4S

Adele 5/6N and Harrison 5/6K

Oliver H 5/6P and Meika 5/6L



Matilda C PW and Rasoul PRM

Yulia 1R and Forest 1P

Maddison 1/2W and Aleksa 2D

Charlotte 3M and Benjamin 3/4K

Mary and Vedansh 4H

Clara and Oliver D 5/6N

Marli and Mauri 5/6N

MANDARIN

Ravaal PW and Vivienne PB

Lenny and Eliana 1P

Taylem and Layla K 2D

Evelyn and Parker 3B

Alexia 3/4K and Edward 4H

Sabrina 5/6W and Phoenix N
5/6P

Aliyas and Ruby 5/6N



Sienna PRM and Leah PW

Isaac 1/2W and Mehreet 1P

Mason 1/2W and Mina 2MS

Jasper 3B and Clare 3/4W

Rodger and Ella 4S

Eve 5/6N and Zaylee 5/6P

Lola 5/6W and Kayden 5/6L



Phoenix PB and Raph PW

Amber 1/2W and Owen 1R

Layla 2D and Parker 2MS

Joel and Sophie 3/4K

Felix 4S and Jazlyn 4H

Aria 5/6L and Ekam 5/6L

Madeleine B 5/6W and Levi 5/6P

PREP NEWS

PREP NEWS

UPCOMING EVENTS

Monday 27th July - 100 day dress up & 100 days projects due.

Friday 31st July - Planet Ark Tree Day

Wednesday 26th August - Book week dress up day

TERM 2 SPECIALIST AWARD RECIPIENTS

Congratulations to our term 2 Specialist Award recipients. These students have consistently demonstrated outstanding effort, enthusiasm and a positive attitude during their specialist classes. Only a small number of students across the school receive these awards, this is a wonderful achievement and we are incredibly proud of them.

We also want to recognise every student for their hard work and encourage them to continue trying their best in all subjects. Every lesson is an opportunity to learn, grow and shine, and we look forward to celebrating the efforts and achievements of many more BLPS students in the future.



TERM 3 LEARNING FOCUS

Welcome back to term 3! We are excited for another exciting term. In **Inquiry**, students will explore our Farm to Plate unit, discovering how food is grown, produced and reaches our tables, before researching a farm animal and creating a project to showcase their learning. In **Respectful Relationships**, students will learn about Gender and Identity and Positive Gender Relationships in a safe and inclusive environment. In **Literacy**, students will continue developing their Big 6 skills through the Phonics Plus program, learning new graphemes and digraphs while building their reading, writing and storytelling skills. In **Numeracy**, students will explore time, location, length, equal sharing and counting collections, while continuing to build confidence and fluency through Number Talks and Fluency in Five.

PLANT ARB DAY

On Friday 31st July BLPS will be participating in the Planet Ark Tree Day. Students are invited to wear clothing inspired by nature, pack a nude lunch and bring along a gold coin donation.

GRADE 1/2 NEWS

GRADE 1/2 NEWSLETTER

Welcome to Term 3

Congratulations

Congratulations to all our Term 2 Specialist award winners!



Window

This term, students have begun exploring the text study, *Window* by Jeannie Baker. This wordless picture book explores the concept of change.

Students have done an amazing job of using visual clues, noticing small details and making thoughtful inferences to understand the story. Through the changing illustrations, they have explored how the environment, community and characters develop over time, and have discussed the ways in which our actions can impact the world around us.

As part of our learning, students have been developing their skills in visual literacy, including observing, predicting, questioning and inferring. It has been wonderful to see students confidently share their ideas and use evidence from the illustrations to explain their thinking.

leeeeele

GRADE 3/4 NEWS

Grade 4 Swimming at Casey ARC

Our Grade 4 students have had a fantastic time participating in their swimming program at Casey ARC. Throughout the lessons, students have demonstrated a positive attitude and been willing to challenge themselves as they developed their water confidence and swimming skills.

It has been wonderful to see students encouraging one another, listening carefully to their instructors and giving their best effort in every session. The students have thoroughly enjoyed their lessons at Casey ARC, and we are incredibly proud of the way they have represented our school.
Well done, Grade 4!

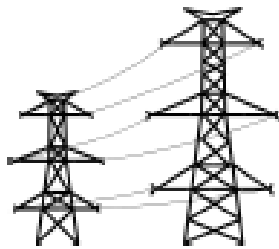
Michaela (3/4W) - I have enjoyed going into the pull and learning new skills at swimming.

Quinn (3/4W) - I liked that the teachers told us what to do so that we didn't get lost. It was also really fun.

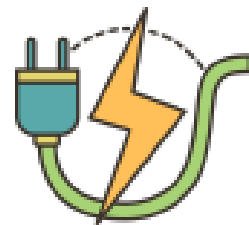
Odin (3/4W) - I liked going underwater and swimming.



GRADE 5/6 NEWS



5/6 Newsletter



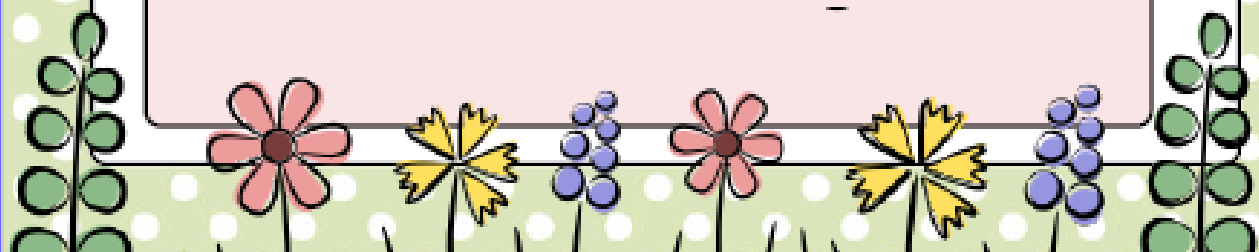
Welcome back to Term 3! We have had a fantastic start to the term, with students settling back into classroom routines and approaching their learning with enthusiasm. It has been a busy and positive first two weeks, and it has been wonderful to see everyone ready to learn.

Our 5/6 students have begun studying the novel *Bindi*. They have enjoyed being introduced to the story and are developing their skills through reading, discussion and responding to the text.

In Inquiry, students have been exploring the topic of electricity. They have been learning about electrical circuits, how electricity is used in everyday life, and have enjoyed participating in many learning activities.

Our Year 6 students have been participating in the swimming program, where they are building their confidence, refining their swimming skills and developing their understanding of water safety.

We look forward to another exciting week of learning!



2027 ENROLMENTS

School Tours are now open!

Tours will be held on Mondays, Tuesdays and Thursdays. Bookings are essential, please contact the office on 9709 6700.

For all those families who have a sibling starting prep next year, please inform the office if you have not already done so.

LIBRARY NEWS

We have so many exciting things happening in the library in Term 3.

Firstly, all of our classes are reading the six, shortlisted books for the Children's Book Council of Australia awards. We are focusing on the Early Childhood category and after reading all six, our students will vote to see if their favourite is the one to win the award.

The books this year are:

The Emperor's Egg by Rae Tan

The Thing About Christmas by Jo Dabrowski & illustrated by Briony Stewart

Frogs Are Our Friends by Toni D'Alia & illustrated by Madeline White

Derek by Anne Donaldson & illustrated by Matt Shanks

My Nonno Loves by Adelle Frittitta & illustrated by Claudia Frittitta

The Colours Of Home by Sally Soweol Han

So far our classes have been writing book reviews and creating their own eggs that hatch fantastical creatures. I can't wait to see what other creative activities our students get up to before the final voting day.

We also have two wonderful authors coming to visit us this term: The Prep – Grade 2 students have Mark Carthew, who is an ex BLPS teacher with a long career both teaching and writing children's stories <https://www.markcarthew.com.au/books>

The Grade 3-6 students will be welcoming Michael Wagner and enjoying his presentation <https://michaelwagner.com.au/WP/>. Both of these authors have many books in our library and we are looking forward to having them at our school and having fun at their sessions. There is a separate flyer in the newsletter if you would like to purchase any of their books and the authors will then sign these for you on the day.

Of course, the highlight of Book Week for many of our students and staff is BOOK WEEK DRESS UP DAY. This is always such a fun day with so many costumes celebrating books and favourite book characters. I can't wait to see what everyone comes up with this year.

Please check our reading awards list, there are many students achieving these Library Reading milestones every week and we are incredibly proud of them for reading so many fabulous books.

Library Club is running on Thursdays during lunchtime. Our students have made some lovely, Indigenous artworks to celebrate NAIDOC week, this term. If you would like to attend, please come to the library at the start of lunchtime, you do not need to sign up or pay to attend. Just come along and read, draw, colour in, play quiet games and enjoy.

As always, please remember to bring your library bag and return your books on time so you can keep borrowing.



BOOK CLUB ORDERS

Issue 5 of the Scholastic Book Club is currently available for purchases. Don't forget to use your vouchers from last time to get a discount on these books. There is also a competition to win tickets to see SPIDER-MAN, Brand New Day and all of the details are on the back of this catalogue.

Please place your orders by 5.30pm on the 29th of July and these will be distributed once they arrive.

Scholastic are offering a \$10 Spotlight voucher, to go towards Book Week costumes, with orders from this brochure, as well as a \$5.00 Scholastic discount to use on Issue 6.

Happy Reading everyone,
Mrs Tsekouras



PFA NEWS

**Special thanks to the following
businesses for their support of the
BLPS Trivia Night**



Emotif Photography



Fletcher Insulation
Building Better, Together

CAMEO
cinemas



verve



THE
BERWICK
INN
1857

coles

FUNLAB!

TRUE
STRYDE

Let's Unwine

Camp
Australia
Guiding Children's Growth

PFA NEWS



BLPS PFA PRESENTS

LIGHTS, ACTION, TRIVIA

**SATURDAY
1st AUGUST**

**TIMBARRA
COMMUNITY HALL
DOORS OPEN 7PM
TRIVIA FROM 7.30PM**

**AGE 18+
EVENT**

**TICKETS
\$20 EACH
10 SEATS
PER TABLE**

PRIZES

**BEST DRESSED
LUCKY DOOR
TRIVIA WINNERS
SILENT AUCTION**

BYO DRINKS & SNACKS

www.trybooking.com/dnkdt

Bring your gold coins to join in the fun games

PFA NEWS

PFA Second Hand Uniform Shop

The PFA Second Hand Uniform Shop has incorporated an online ordering system. Below you will find what we currently have in stock. If you would like to purchase items please email through your request to pfa@berwicklodgings.vic.edu.au.

Orders will be ready for collection at Reception on Thursday from 3:30pm - 4pm

Donations are currently being accepted at the office. Thank you for your support!

Place Order Email: pfa@berwicklodgings.vic.edu.au										
Collection & Payment from Reception on Thursday 3:30-4pm										
	Price	#	Size 4	Size 5	Size 6	Size 8	Size 10	Size 12	Size 14	Size 16
Top Blue Sports	\$5		2	0	2	5	5	0	0	0
Top Yellow Short Sleeve	\$5		0	0	2	9	2	5	1	1
Top Yellow Long Sleeve	\$5		0	0	3	12	2	7	2	0
Jacket Bomber	\$5		2	0	4	30	8	2	4	2
Jumper Crew Neck	\$5		1	2	4	10	2	8	2	2
Jumper Fleece Rugby	\$5		0	0	1	4	2	2	0	0
Trackpants	\$5		0	1	0	0	4	0	0	0
Trousers	\$5		2	2	2	0	1	1	0	0
Sports Shorts/basketball all shorts	\$5		0	0	1	7	7	5	0	3
Shorts - Thinner Fabric	\$5		1	0	1	0	2	1	0	1
Shorts - thicker fabric			9	1	2	5	3	4	0	2
Shorts Pleated - girls	\$5		0	4	5	7	3	3	1	0
Skirt Netball	\$5		1	0	1	0	4	2	0	0
Skirt Sports Skort	\$5		2	0	0	0	0	3	0	0
Dress Summer	\$5		1	0	4	6	7	1	1	0
Dress Winter	\$5		0	0	0	4	0	0	0	0
Backpack	\$5	2								

PFA NEWS



Yellow Long Sleeve Top



Blue Sports Top



Yellow Short Sleeve Top



Blue Bomber Jacker



Blue Rugby Jumper



Blue Crew Neck



Sports Shorts - Basketball
Shorts - Thinner fabric



Shorts - Thicker fabric



Trackpants



Shorts Pleated - Girls



Skirt - Sports Skort



Skirt - Netball/Tennis Skirt



Summer Dress



Winter Dress



Beanie

CANTEEN NEWS

BELLBROOK CATERING



BERWICK LODGE PRIMARY CANTEEN MENU

Open Monday, Wednesday, Friday

Online ordering is now our preferred method. Download the QKR App from the App Store or Google Play

Manual ordering will still be accepted

HEARTY HOT FOOD

Lasagne 97% fat free	\$6.55	@@@
Macaroni Cheese 97% fat free	\$6.55	@@@ V
Pizza - Margherita	\$5.50	@@
Dim Sims Steamed	\$1.60	@@@
Potato Cakes (recess only)	\$1.60	@@
Hot Noodles Chicken or Beef	\$3.60	@@
Chicken crumbed tender	\$2.90	@@GF
Hot Dog	\$4.60	@@
Beef Cheese Burger, Lettuce and Sauce	\$6.70	@@@
Chicken & Cheese Burger, Lettuce & Mayo	\$6.70	@@@
Gluten Free Hot Dog (no roll)	\$3.10	@@GF
Chicken Breast Nugget - Bag of 3	\$3.70	@@H
Chicken Breast Nugget - Bag of 6	\$6.20	@@H
Lite N Up Beef Pie	\$6.40	@@H
Lite N Up Sausage Roll	\$5.60	@@H
Lite N Up Snack Party Pie	\$1.70	@@H

All pies heart foundation approved, low GI, reduced fat

TASTY JAFFLES

Baked Bean and Cheese	\$4.70	@@@ V
Spaghetti	\$4.20	@@@ V
Cheese	\$4.20	@@@ V
Ham and Cheese	\$5.20	@@@

Preferred Payment Method



QKR!
by MasterCard

SPECIAL SNACKS

Popcorn Butter	\$2.10	@@GF
Piranha Snaps - Light & Tangy Salsa	\$2.10	@@GFH
Chips Honey/Soy and Salt Vinegar	\$2.00	@@
Homestyle Cookies	\$3.00	@@
Gingerbread	\$2.50	@@
Ovalteenies	\$1.50	@@
Homemade Mini Muffin	\$1.40	@@
Veggie Cup with Dip	\$2.30	@@@GF
Yoghurt Frogs (10 pack)	\$2.00	@@
Sun Fruits	\$1.40	@@



@@@ Every Day Foods
@@ Select Carefully foods
V Denotes Vegetarian
GF Denotes Gluten Free.

SUPER SANDWICHES AND SALADS

Sandwich

Vegemite	\$2.50	@@@ V
Cheese	\$2.60	@@@ V
Ham (97% fat free)	\$3.50	@@
Ham (97% fat free) and Salad	\$5.00	@@
Ham & Cheese	\$4.50	@@
Roast Chicken	\$3.50	@@@
Roast Chicken & Salad	\$5.00	@@@
Fresh Salad (lettuce, cucumber, tomato, carrot)	\$4.50	@@@ V
Egg and Lettuce	\$4.00	@@@ V

Rolls or Wraps extra \$0.80

All sandwiches on wholemeal bread

White bread available on request

FRESH MADE SALAD BOXES

Mixed Salad (lettuce, cucumber, tomato, cheese, carrot)	\$5.00	Regular @@GF
Add Chicken or Ham	\$1.50	
Add Egg	\$1.50	

EXTRAS

Salad Dressing Tub	\$0.50	@@
Tomato Sauce	\$0.50	@@
LUNCH BAGS	\$0.30	

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

DRINKS

600ml Water	\$3.15	@@@GF
250ml Milk (Reduced Fat) Chocolate, Strawberry	\$3.60	@@@GF
100% Fruit Juice 250ml	\$3.50	@@@GF
Apple or Apple & Blackcurrant		
Chill J Natural Sparkling Fruit Drink 250ml	\$3.00	@@GF
Raspberry, Watermelon, Grape, Lemonade		

FROZEN TREATS

100% Frozen Juice Tubes	\$1.30	@@@GF
Skim Milk Tubes (Choc or Blue Moosies)	\$3.00	@@@GF
Frozen Pineapple and Watermelon	\$0.80	@@@GF
Twisted Frozen Yoghurt Choc/Van,		
Mango/W'Melon or Strawberry	\$3.30	@@@GF
Supa Pop Chocolate Ice Cream	\$2.20	@@@GF
Streets Paddle Pop Rainbow	\$3.00	@@

PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG

PRICES SUBJECT TO CHANGE

EFFECTIVE JULY 2026

IF YOUR CHILD HAS ANY FOOD ALLERGIES PLEASE SELECT ON QKR!

BUSINESS ADVERTISING

Confidence Communication Skills Creativity

superspeak



Weekly public speaking, drama & presentation skills for ages 6-14

17 Venues Across Melbourne

- ★ Leading Curriculum
- ★ Experienced Teachers
- ★ Loads of FUN!

communication
★ quick thinking
★ **expression**
★ teamwork
★ **confidence**
★ leadership
★ **persuasion**
★ vocal variety

ENROL NOW
Glen Waverley,
Balwyn North,
Point Cook, Berwick,
Chadstone, Burwood,
Essendon, Doncaster,
Canterbury, Rowville,
Ashburton, Ivanhoe,
Caroline Springs,
Altona Meadows,
Narre Warren
& Truganina

Award Winning Program
Trusted Since 2006



9572 5249

info@SuperSpeak.com.au
www.SuperSpeak.com.au