



ANAPHYLAXIS MANAGEMENT POLICY

Basic Beliefs

Anaphylaxis is a severe, rapidly progressive allergic reaction that is potentially life threatening. The most common allergens in school aged children are peanuts, eggs, tree nuts (eg cashews), cow's milk, fish and shellfish, wheat, soy, sesame, latex, certain insect stings and medication.

The key to prevention of anaphylaxis in schools is knowledge of those students who have been diagnosed at risk, awareness of triggers (allergens) and prevention of exposure to these triggers. Partnerships between schools and parents are important in ensuring that certain foods or items are kept away from the student while at school.

Adrenaline given through an EpiPen auto injector to the muscle of the outer mid-thigh is the most effective first aid treatment for anaphylaxis.

Guidelines

In addition to the DET Anaphylaxis Guidelines provided with reference to Ministerial Order 706, the school will:

- provide as far as practicable, a safe and supportive environment in which students at risk of anaphylaxis can participate equally in all aspects of the student's schooling.
- raise awareness about anaphylaxis and the school's anaphylaxis policy in the school community.
- engage with parents/caretakers of students at risk of anaphylaxis in assessing risks, developing risk minimisation strategies and management strategies for the student.
- ensure that each staff member is adequately trained and has adequate knowledge about allergies, anaphylaxis and the school's policy and procedures in responding to an anaphylactic reaction.

Implementation

The school leadership team will establish a school management plan for implementing strategies and processes to ensure a safe and supportive environment for students at risk of anaphylaxis.

The school will:

- Actively seek information to identify students with severe life threatening allergies at enrolment
- Conduct a risk assessment of the potential for accidental exposure to allergens while the student is in the care of the school
- Meet with parents/ carers to develop an Anaphylaxis Management Plan for the student. This includes documenting practical strategies for in school and out of school settings to minimise the risk of exposure to allergens, and nominating staff who are responsible for their implementation.
- Request that Parents provide an Australasian Society Clinical Immunology Allergy (ASCIA) Action Plan that has been signed by the student's medical practitioner.
- Ensure that parents provide the student's EpiPen and that it is not out of date
- Ensure that staff obtain training in how to recognise and respond to an anaphylactic reaction, including administering an EpiPen
- Develop a communication plan to raise student, staff and parent awareness about severe allergies and the school's policies
- Provide appropriate and mandated training and information to all staff so that they are aware of, and can manage, students who are at risk of anaphylaxis, the student's allergies, the school's management strategies and first aid procedures (see Ministerial Order 706 and DET Anaphylaxis Guidelines)
- Ensure that there are procedures in place for informing casual relief teachers of students at risk of anaphylaxis and the steps required for prevention and emergency response
- Discuss with our external canteen provider the implications of anaphylaxis and food handling practices
- Allocate time during staff meeting time to discuss, practise and review the school's management strategies for students at risk of anaphylaxis. Practice using the EpiPen regularly
- Encourage ongoing communication between parents/ carers and staff about the current status of the student's allergies, the school's policies and their implementation
- Review the student's Anaphylaxis Management Plan annually or if the student's circumstances change, in consultation with the parents
- Provide ongoing education to staff and the wider community through pamphlets, newsletter articles and posters.
- Ensure the provision of at least five general use epipens: one to be accessible in the sick bay and the others available for yard duty and outdoor school activities.

School Staff

School staff who are responsible for the care of students at risk of anaphylaxis have a duty to take steps to protect students from risks of injury that are reasonably foreseeable.

Staff should:

- Know the identity of students who are at risk of anaphylaxis
- Understand the causes, symptoms, and treatment of anaphylaxis

- Obtain training in how to recognise and respond to an anaphylactic reaction, including administering an EpiPen®
- Know the school's first aid emergency procedures and what your role is in relation to responding to an anaphylactic reaction
- Keep a copy of the student's ASCIA Action Plan (or know where to find one quickly) and follow it in the event of an allergic reaction.
- Store the student's EpiPen® in a known place (in sickbay). Remember that the EpiPen® is designed so that anyone can administer it in an emergency.
- Know and follow the prevention strategies in the student's Anaphylaxis Management Plan.
- Plan ahead for special class activities or special occasions such as excursions, school based activities, sport days, camps and parties. Work with parents/carers to provide appropriate food for the student.
- Avoid the use of food treats in class or as rewards, as these may contain hidden allergens. Work with parents/carers to provide appropriate treats for the student.
- Be aware of the possibility of hidden allergens in foods and of traces of allergens when using items such as egg or milk cartons in art or cooking classes.
- Be careful of the risk of cross-contamination when preparing, handling and displaying food.
- Make sure that tables and surfaces are wiped down regularly and that students wash their hands after handling food.
- Raise student awareness about severe allergies and the importance of their role in fostering a school environment that is safe and supportive for their peers.

The Sickbay Attendant will:

- Take a lead role in supporting principals and teachers to implement prevention and management strategies for the school.
- Keep an up to date register of students at risk of anaphylaxis.
- Ensure that students' emergency contact details are up to date.
- Obtain training in how to recognise and respond to an anaphylactic reaction, including administering an EpiPen®.
- Check that the EpiPen® is not cloudy or out of date regularly, e.g. at the beginning or end of each term.
- Inform parents/carers a month prior in writing if the EpiPen® needs to be replaced.
- Ensure that the EpiPen® is stored correctly (at room temperature and away from light) in an unlocked, easily accessible place, and that it is appropriately labelled.
- Provide colour photographs of students at risk of anaphylaxis on a card to be kept in Yard Duty bags and to be sent to the office in the case of an emergency.
- Provide or arrange post-incident support (e.g. counselling) to students and staff, if appropriate.
- Work with staff to conduct regular reviews of prevention and management strategies.

- Work with staff to develop strategies to raise school staff, student and community awareness about severe allergies.

Parents/ Carers will:

- Inform the school, either at enrolment or diagnosis, of the student's allergies, and whether the student has been diagnosed as being at risk of anaphylaxis.
- Obtain information from the student's medical practitioner about their condition and any medications to be administered. Inform school staff of all relevant information and concerns relating to the health of the student.
- Meet with the school to develop the student's Anaphylaxis Management Plan.
- Provide an ASCIA Action Plan, or copies of the plan to the school that is signed by the student's medical practitioner and has an up to date photograph.
- Provide the EpiPen® and any other medications to the school.
- Replace the EpiPen® before it expires.
- Assist school staff in planning and preparation for the student prior to school camps, field trips, school based activities, excursions or special events such as class parties or sport days.
- Supply alternative food options for the student when needed.
- Inform staff of any changes to the student's emergency contact details.
- Participate in reviews of the student's Anaphylaxis Management Plan, e.g. when there is a change to the student's condition or at an annual review.

Responsibility for Implementation

The School Wellbeing Subcommittee along with the Student Wellbeing Team will be responsible for implementation and continuous monitoring of the policy. This will be supported by the First Aid Officer and Business Manager as required.

Date Passed by School Council

The Anaphylaxis Management Policy was passed by School Council on 21st May 2018.

Proposed Date of Review

The School Wellbeing Subcommittee will be responsible for coordinating and planning the review of the Anaphylaxis Policy, under the auspices of School Council. The review schedule will be three years from the policy being passed by School Council.